



Home of the Tualatin River National Wildlife Refuge

MEETING MINUTES

Senior Advisory Board

September 13, 2023 at 5pm
Virtual via Zoom

<https://sherwoodoregon.gov.zoom.us/j/85473193588?pwd=eDI2VmtgNnY4eWxUTIRqMHAhMXVUT09>

1) CALL TO ORDER

2) **ROLL CALL** - Vice-Chair Jen Myers, Members, Zana Mays, Donna Nevedale, and Eugene Stewart. Staff Liaison Maiya Martin Burbank was also present. Chair Caz Thomson along with Members Nancy Phillips and LaVette Columbo were absent.

3) **ADJUSTMENTS TO AGENDA** – There were none.

4) **CITIZEN COMMENTS** – There were none.

5) **REVIEW OF AGE-FRIENDLY SURVEY RESPONSES** – Please see exhibit A for presentation.

- a) Board discussion identified from survey data that Sherwood residents overwhelmingly want to stay in their own home as they age. They also identified a lack of social connections and meaningful conversations for some older adults.
 - i) Questions that came from this discussion were:
 - (1) Is a lack of transportation options leading to a lack of social connection?
 - (2) Who is looking for connection? Who is being missed? In what ways would people like to connect?
 - (3) Why are available services not being utilized by these individuals?
 - ii) Some ideas on possible actions were:
 - (1) Encourage letter writing and other responses to Tri-Met for increased area services.
 - (2) A once a month Zoom community chat time.
 - (3) Mobility scooters distributed throughout key areas of the city.
- b) After looking at the data, the Board identified three key areas of focus – housing, transportation, and social connection.

6) UPDATE ON AGE-FRIENDLY STATES & COMMUNITIES APPLICATION

- a) The Sherwood City Council is set to vote on the City application for membership in the AARP Network of Age-Friendly States and Communities at their September 19, 2023 meeting.

7) DISCUSSION OF RESOLUTION 2023-059: CREATING A CITY CHARTER REVIEW COMMITTEE

- a) Member Myers nominated, member Stewart seconded and the board unanimously voted to nominate member Zana Mays the board's representative on the Sherwood Charter Review Committee.

8) STAFF REPORT

- a) Staff Liaison Martin Burbank reported that the Marjorie Stewart Senior Community Center served 1535 meals in the month of August 2023, their highest recorded amount in a month on record. She also shared that center will hold a workshop on Fall Prevention on October 3, 2023 at 10:30am. The Center will also be hosting a Retirement Symposium on October 21, 2023.

9) ADJOURN

- a) Vice-Chair Myers adjourned the meeting at 5:05pm

Next Meeting to be held is November 8, 2023 at 5pm via Zoom

How to Provide Citizen Comments:

Citizen comments may be provided in person, in writing, or by telephone. Sign-up forms will be available at the meeting for anyone who wishes to provide comments in person. Written comments must be submitted at least 24 hours in advance of the scheduled meeting start time by email to burbankm@sherwoodoregon.gov and must clearly state that it is intended as a general Citizen Comment for this meeting. To provide comment by phone during the live meeting, email or call burbankm@sherwoodoregon.gov or 503-625-5644 at least 24 hours in advance of the meeting start time in order to receive dial-in instructions. In-person and telephone comments are limited to 4 minutes per person. Per Council Rules Ch. 2 Section (V)(D)(5), Citizen Comments, "Speakers shall identify themselves by their name and by their city of residence." Anonymous comments will not be accepted into the meeting record.

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